



**Northfield  
Retirement Community**  
*Innovation. Choice. Tradition.*



June 19, 2020

We appreciate all of the support, prayers, and offers of help that we've received. To keep you up-to-date on our efforts to keep NRC residents and staff safe, we will send out this update as things change in our community:

- **Our COVID-19 situation:** As of June 19<sup>th</sup>, NRC has no positive cases of COVID-19 among residents or staff.
- **NRC Testing:** This past week, all residents who live in Cannon Valley Suites, assisted living and Northfield Care Center, skilled nursing facility were tested for COVID-19. In addition, all staff that typically work in these areas were tested. We received good news that all tests were negative for COVID-19. Next week, COVID-19 testing will be repeated among the same group of residents and staff. Watch for updates in the weeks ahead in regard to testing across other areas of campus.
- **State of MN Update:** New guidance from the MN Department of Health has established conditions for outdoor visitation while restrictions on visiting indoors remain in place.
  - **Outdoor Visitation:** NRC is working diligently to plan and implement outdoor visitation guidance across our campus while keeping the health and safety for all as our top priority. We will distribute updates you as soon as we have adequate process and procedures in place.
  - **Window Visitation:** According to new guidelines as established by the MN Department of Health, window visits along the exterior ground level of the building are permitted as long as the following safety measures are in place:
    - If a resident's window will be open during the visit, the resident should stay 3 feet back from the window. The family member visiting the resident should sit 3 feet back from the window outside the building.
    - Both the family member and resident should wear a mask throughout the visit.
    - If the resident does not have an exterior facing window, please contact NRC staff to discuss alternative options.

### **INFORMATION ABOUT OUR COVID-19 PROTECTION ACTIONS**

**Living SAFER: Help us keep everyone in our community healthy! It is more important than ever that we protect those most at risk, support workers, and all do our part to slow the spread of the virus.**

- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your face, nose, and eyes
- Maintain social distance
- Wear a mask
- Stay within your living space as much as possible
- Spending time outdoors is encouraged as long as 6 feet of distance from others is maintained