



**Northfield
Retirement Community**
Innovation. Choice. Tradition.

COVID-19 UPDATE



August 28, 2020

We appreciate all of the support, prayers, and offers of help that we've received. To keep you up-to-date on our efforts to keep NRC residents and staff safe, we will send out this update as things change in our community:

- **Our COVID-19 Situation:** We have no positive cases of COVID-19 among residents or staff at this time.
- **State of MN Update:** This week the Centers for Medicare and Medicaid Services has mandated testing for all nursing home employees. The frequency of testing is determined by the percentage of positive cases in the county in which the nursing home is located. The minimum testing is at least once a month and the maximum is two times per week. Assisted living and other congregate living sites are not included in this mandate however, ongoing testing procedures will be required. The regulation also includes testing for nursing home residents as well, however, it is unclear at this time what frequency of testing is required and when.
- **Community Update:** We continue to monitor and work on steps to a possible limited opening of our campus. Since we had a positive case in staff within the past 28 days, NRC will not be able to provide advanced open visitation under Minnesota Department of Health guidelines. NRC will continue to provide window visits, video calls, and outdoor visits for residents and families. We continue to complete connections with Essential Caregivers and are scheduling these visits as warranted for those individuals that qualify under the policies and guidelines established by NRC and MDH. We are also taking steps to prepare for the implementation of small cohort gatherings within various housing areas.

Living SAFER: Help us keep everyone in our community healthy! It is more important than ever that we protect those most at risk, support workers, and all do our part to slow the spread of the virus.

- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your face, nose, and eyes
- Maintain social distance
- Wear a mask
- Stay within your living space as much as possible
- Spending time outdoors is encouraged as long as 6 feet of distance from others is maintained